

Wirral Early Intervention Team

We are open Monday to Friday
9am until 5pm.

The team can be contacted for
advice or information by phone or
email:

Tel: 0151 488 7773

E: early.intervention@cwpsnt.nhs.uk

Comments, compliments and complaints

We welcome any suggestions you have
about quality of the service. Please send your
comments, compliments or complaints to:

The chief executive, Cheshire and Wirral
Partnership NHS Trust, Trust Board Offices,
Upton Lea, Countess of Chester Health Park,
Liverpool Road, Chester, CH2 1BQ.

For further information or a copy of this
document in other languages, audio tape,
Braille or larger print, please contact the
communications manager at Cheshire and
Wirral Partnership NHS Trust, Upton Lea,
Countess of Chester Health Park, Liverpool
Road, Chester, CH2 1BQ.

আরো তথ্য অথবা অন্যান্য ভাষায় এই দলিলের অনুলিপি, ব্রেইল (অক্ষদের
লিখন পদ্ধতি) বা অডিও টেপের জন্য দয়া করে চেস্টার ও উইরাল
এনএইচএস ট্রাস্ট পার্টনারশীপের (Cheshire and Wirral Partnership NHS) যোগাযোগ
ব্যবস্থাপকের (Communication Manager) সাথে নিম্নলিখিত ঠিকানায় যোগাযোগ
করুন:

Cheshire and Wirral Partnership NHS Trust, Upton Lea, Countess of Chester
Health Park, Liverpool Road, Chester, CH2 1BQ.

欲知詳情或在其他語言，錄音帶或盲人識字系統，請聯繫
通訊經理在Cheshire and Wirral Partnership NHS Trust, Upton Lea,
Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

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චෙෂයිර් සහ ඊරල් පාර්ට්නර්ෂිප් (Cheshire and Wirral Partnership NHS Trust, Upton Lea,
Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ) සමඟ සම්බන්ධ
වන්න.

NHS Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1BQ.

अधिक सूचना या इस पत्रक की कॉपी अन्य भाषाओं, ऑडियो टेप या ब्रेल (नेत्र-हीनों के लिए
छपाई) में लेने के लिए कृपया कम्युनिटी मैनेजर को चेस्यार एंड Cheshire and Wirral

Partnership NHS Trust, Upton Lea, Countess of Chester Health Park, Liverpool Road,
Chester, CH2 1BQ.

Am fanylion pellach neu gopi or taflen honmewn iethoedd erail,
tâp clywedol, neu breil, cysylltch â f Rheolw r Cyfarthrebu: Cheshire
and Wirral Partnership NHS Trust, Upton Lea, Countess of Chester
Health Park, Liverpool Road, Chester, CH2 1BQ.

For more information about Cheshire and
Wirral Partnership NHS Trust, log onto
www.cwpsnt.nhs.uk



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Family Interventions

Supporting Families

Why Family Interventions?

- Relatives may suffer stress as they adjust to a new and unexpected caring role
- Without help relatives try to cope on their own
- Relatives use their own experience and upbringing, some of which may be helpful
- Research shows that with help relatives can have a more positive impact on their relatives mental health

Who are family interventions aimed at?

- Families of people experiencing their 1st episode of psychosis

How we can help

- Provide support
- Help understand the symptoms and behaviors
- Assist family with coping
- Help to manage stress – not sacrificing your own interests etc
- To provide effective treatment for the client
- To address the needs of all family members who are affected by their relative's psychosis

'If someone is not well in a family, those who are close to them and who care about them are affected too. They try to do the best they can to help but do not always know what to do for the best. If all family members are involved, it is possible to work out the best ways of helping the client, and also to alleviate stress that other family members are experiencing because of the situation in which they find themselves.'

(www.iris-initiative.org.uk)